

# A.D. Rundle Gr 7 Girls Basketball 2019/2020

Welcome to A.D. Rundle's grade 7 girls basketball team. To become a member of our team, make practices and participate to the best of your ability. Practices are Tuesday mornings from 7:30-8:35 and Friday's from 2:30-3:45.

The **schedule for our basketball games** is listed below. For our games, ADR provides **one-way transportation**. That means we will get the players to away games on a bus but they **need to arrange their own ride home**.

Mr. Lightle will run the practices and Mr. Shea, Mr. Hurley, or Mr. Lightle will be on the bench for the games. Our season at the grade 7 level runs until mid-January. All players see roughly the same amount of playing time. Each half is 20 minutes running time, with the clock stopped each 5 minutes for subs. Each game day until January we play two games. The times are approximate. The girls are expected to stay on the bench for the duration of the game. Also, **they should wear black shorts (or black leggings) and bring their own water bottle to games and practices**.

All players must have the online basketball 7 permission form filled out by a parent/guardian before they can play. The forms are on ADR's website. Also, if not already done so, the \$20 athletic fee needs to be paid. If parents or guardians have any questions please email us at ADR.

<u>Date</u>	<u>Location</u>	<u>Time (approximately)</u>
Tuesday, Nov 19 <sup>th</sup>	CMS	3:15 ADR vs CMS 4:00 ADR vs St. Mary's
Tuesday, Nov 26 <sup>th</sup>	Highroad	3:15 ADR vs HRoad 4:00 ADR vs Slesse 1
Tuesday, Dec 10 <sup>th</sup>	ADR	3:15 ADR vs Unity 4:45 ADR vs Agassiz
Tuesday, Dec 17 <sup>th</sup>	Rosedale	3:15 ADR vs RMS 4:00 ADR vs Slesse 2
Tuesday, Jan 7 <sup>th</sup>	ADR	3:15 ADR vs CMS
Tuesday, Jan 14 <sup>th</sup>	ADR	3:15 ADR vs VMS

**\*As with all our school sports we remind students that they are representing A.D. Rundle and as such must be good ambassadors. This includes being a student in good standing at ADR.**